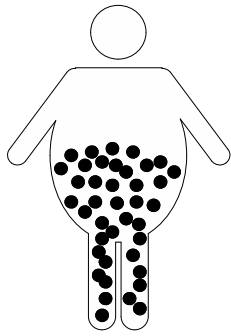


# Dieting vs. Cleansing

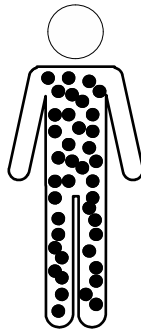
One of the ways the liver deals with impurities is to increase body fat to enfold impurities and to protect the body from their influence.

**DIETS ARE NOT SUCCESSFUL for long term weight loss because they don't address the need to cleanse the body of impurities.**

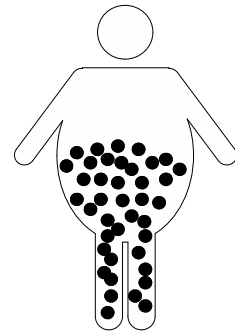
Fat stored to protect body from impurities.



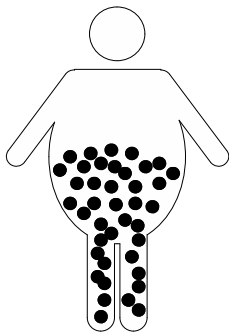
Smaller body means increased percentage of impurities.



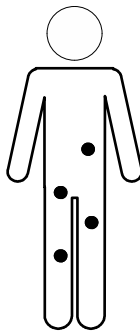
Body senses increased level of impurities and goes into emergency fat production...



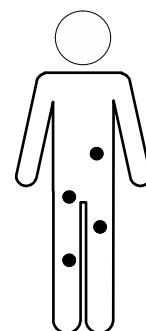
Fat stored to protect body from impurities.



Impurities are released so body sheds fat.



Better overall health with less fat and more lean muscle!



**Shed the pounds without the rebound.**

**[www.ShakeAndCleanse.net](http://www.ShakeAndCleanse.net)**

**What have you go to lose?**