

This is My Isagenix Weight Loss Story



Before July 4, 2007 I didn't believe I would ever have a story. What a difference a year with Isagenix has made !

I am a Nurse and was a Weight Loss Counselor for a well known diet company for 6 years. I was also a frequent member of the "Yo-Yo diet club," you know ~ lose 25 lbs. and gain back 30. Because of this, my metabolism was a mess. I was desperate. My recovery from a total knee replacement had dragged on for 18 months. I felt the excess weight was holding me back.

I knew our good friend Stan Barker was on to something because over 3 months time we watched him literally melt before our eyes. At our annual July4th barbecue, I finally asked him "Okay, what are you doing? I want some." He told me about the Isagenix System. I signed up online, and he helped me get started right away.

On my first Isagenix Cleanse ~ I quickly lost 13 lbs and 23 inches. I found my Hope again and was amazed at how easy it was. In just a few more cleanses ~ I lost 45 pounds and an unbelievable eight inches off my waist. **I went from a size 14 to a size 4 and have maintained it for almost a year.** I threw my cane away for good! I will be 70 years old soon and have more energy than I did at 40. I have also rediscovered the beauty and majesty of our great northwest, from the valleys to the mountains, on the back of our Honda Goldwing Motorcycle! Life is a blast!

Becoming a Cleansing Coach was a natural for me. It's exciting to share the experience with others as they regain their health and reach their weight loss goals.

I appreciate and love our leadership team here in Washington State, especially Shauna Ekstrom, Debby Ewing and Stan Barker, who willingly share their expertise and wisdom to help us find our "why" as we build our Isagenix Business together. Many Thanks.

Aneta Schultz ~ Washington State

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

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