



BEFORE: 36 years old, mother of 2, married 12 years, and I weighed way more than when I met my husband 15 years earlier. When we met, I was a nice petite size 5 and now, now I was a very tight size 12...(okay, so really I was a 14 but I can't truly bring myself to say that out loud). When my friend sent me that picture of me in that blue dress...me in all my fluffiness, first I cried, then I got angry. OMG! I had to do something. I didn't know what but I know I had to do something! Please, somebody, anybody, help me! My daily prayer.

A few months later: Along came my friend with a 30 day program from Isagenix. "At least this won't kill you she said to me" She knew what I had been through for the last 18 months with my doctors, with my prescriptions and with my moods. So I jumped in, with both feet. "Dump the body out and start all over again" she said. Fine by me, I didn't like the person I had become.

AFTER: WOW! Who knew it was that simple? Eating better than ever, actually feeding my body so that it will do what it is supposed to do...amazing! But hey, I'd seen it before, lose the weight and then it finds me again AND it brings back 10 of it's friends! So I persevered. Let's see...6 months...12 months...2 years...3 YEARS!!! WOW!

STILL: March 2009. Almost 3 years exactly from my "after picture". Yes, that is me...all of me...or rather, what's left of me. 42 pounds GONE FOREVER! My secret? Isagenix nutritional Body Cleansing.

Barbilee Hemmings, - Edmonton, AB, Canada

PS: That "STILL" pic is taken in Miami, our winter home for 2 years thanks to Isagenix! This amazing company helped me release the weight and now they PAY ME to talk about it...they PAY ME to share my success story with others! What a beautiful thing!